Thank you for the opportunity to propose a partnership with your organization! Here are some items to help define this potential relationship.

Started in 2009 by Josh Spurlock, MyCounselor provides online therapy to individuals, couples, and families and it also partners with organizations, like yours, to provide professional Christian counseling to people referred by you. MyCounselor has a few distinctives that are important for an organization partner like you.

1. Our therapeutic model is **based on the Bible**. Unlike some Christian counseling where scripture or prayer might be layered on top of the conversation, MyCounselor therapists have been trained in the biblical model of how God created humans, created their nervous systems, and what the Bible says about people and trauma. Because we start with the Bible, people experiencing counseling with a MyCounselor therapist will receive theologically sound advice from therapists who love Jesus, love the church, and understand the crucial role of the church in God's redemptive and transformational plan.

2. Our therapeutic model is also based on the most recent learning about **neuroscience and trauma**. Unlike traditional therapy that seeks to help the individual learn skills to cope with trauma, MyCounselor therapists have been trained to help the individual seek to resolve the trauma, giving the individual the potential for true healing.

3. Our therapists are **clinically supervised**. Many practices consist of a collection of therapists under one organization, but each therapist practices their own version of Christian counseling and from their own theological viewpoint. MyCounselor therapists spend their first 2,000 hours of therapy having their work reviewed by a supervisor, and another 1,000 hours of training before they become Certified therapists with MyCounselor. In order to become a therapist with MyCounselor, a therapist must have a masters degree in mental health. In order to become a Certified therapist with MyCounselor, they must spend 18-24 months in training. We hire less than 2% of all applicants and invest years into their training.

4. **We love the local church** and want to help the local church by providing professional counseling. We come alongside churches to provide an additional resource of professional therapy.

5. MyCounselor provides therapy to **individuals, married couples, pre-marriage couples, families, and teens**. Our therapists have specialized training in marriage, depression, anxiety, addiction, sex, gender identity, and many other presenting issues a person might have. We use a matching meeting process to help an individual or couple get connected with the therapist who can help them the best.

About MyCounselor.Online

MyCounselor.Online is a leading provider of faith-based mental health online with a 93.6% satisfaction rate. We are committed to providing the highest quality mental health and relationship counseling available anywhere in the world. Our focus is providing care to churches, their staff, mission sending organizations, and orphan care workers. We specialize in: *Trauma-Informed Care, Anxiety & Depression Treatment, Marital Conflict Resolution, Infidelity Recovery, Sex Therapy, Premarital, and Teen/Family Counseling.*

20+ Counselors | 1,000+ Families Monthly | 93.6% Satisfaction Rate

The Highest Standards for Excellence in Christian Counseling

- Minimum education requirements for hiring include a Masters in Mental Health and we only hire 2% of applicants.
- ALL counselors hired complete our 2-Year, 4,000hour, Post-Graduate Residency including 2,000 hours of theology & neuroscience training and 2,000 hours of supervised direct client care experience with rotations in trauma-informed care, emotion focused couples counseling, and sex therapy.
- We practice a proprietary model of care, *Neuroscience Informed Christian Counseling®*, with a 93.6% success rate (15% higher than the industry average).
- All our counselors are required to engage their own personal growth through individual and group therapy.

- Clinical Supervisors coach counselors in best practices and develop individualized deliberate practice plans through systematic observation of recorded counseling sessions.
- Quality Assurance process that collects outcome data for every client and engages an intensive Case Review for 100% of clients reporting a less than 5-Star experience.

Our Model: Neuroscience Informed Christian Counseling®(NICC)

NICC starts with: **The author of the Bible and our nervous system are one and the same, Jesus.** We believe when accurately studied and interpretated the findings from the two will never be in contradiction with each other. Rooted in the Bible and enriched by over 100,000 hours of clinical expertise, Neuroscience Informed Christian Counseling® (NICC) merges the enduring wisdom of the Scriptures with cutting-edge practices in mental health and neuroscience insights. Josh Spurlock, the developer of NICC, brings a robust foundation of a BA in Biblical Languages and a Masters in Counseling to his work. Licensed in Missouri, Colorado, Montana, and Florida, Josh has extensive post-graduate training, including certification as a sex therapist and advanced training in EFT and AEDP therapies, alongside his credentials as an Ordained Minister. His clinical experience spans over 13,000 hours, specializing in complex trauma, marriage, and sex therapy, showcasing a deep commitment to facilitating healing and growth through a comprehensive, faith-based approach.

Statement of Faith

MyCounselor.Online adheres to the *Focus on the Family* Statement of Faith: https://www.focusonthefamily.com/family-qa/what-is-your-organizations-statement-of-faith/

Ways to Partner with MyCounselor.Online

Sermon Series Support

Through partnerships with MyCounselor.Online churches can extend their reach and impact, offering congregants access to professional counseling services that reinforce and build upon the foundational messages delivered in their sermon series. This collaboration represents a holistic approach to

ministry, combining spiritual guidance with professional counseling to address the comprehensive needs of the congregation.

Examples:

> **Christ Church of the Valley (CCV)**, Phoenix, AZ | 32,000 attenders/9 campuses – Preached a four-week sermon series entitled "Let's Talk About It" on mental health and established a fund that provided MyCounselor.Online counseling scholarships for hundreds who responded to the message requesting help with a mental health concern.
> *See the mental health series here*: https://ccv.church/info/lets-talk-about-it
>
> **Southeast Christian Church**, Louisville, KY | 23,000 attenders/15 campuses – Preached a four-week sermon series on marriage entitled "Generous Marriage," took an offering establishing a $167,000 scholarship fund and assisted more than 450 couples receive marriage counseling through MyCounselor.Online.
> *See the marriage series here:* https://www.southeastchristian.org/series-resources/generous-marriage

Pastoral Care

Partnering with MyCounselor.Online enables churches to significantly expand their pastoral care capabilities. When congregants' needs surpass what the church's care team can handle in terms of training, experience, or availability, MyCounselor.Online provides essential support. This collaboration ensures access to professional, faith-aligned counseling services, seamlessly integrating with existing pastoral efforts. It's an effective way to meet the complex needs of the congregation without straining church resources, upholding a commitment to comprehensive care and support.

Online Campus Care

MyCounselor.Online plays a crucial role in bridging the gap for online campus members who may not have access to the same resources as those attending the brick-and-mortar locations. By partnering with MyCounselor.Online, churches can extend comprehensive counseling care to their online congregants, ensuring no individual is left without support due to geographical or physical constraints.

Staff Care

Utilizing MyCounselor.Online for staff support offers a proactive approach to preventing burnout and maximizing ministry effectiveness, catering to both preventative and crisis care needs. This service ensures staff members receive confidential, professional counseling, sidestepping potential privacy concerns associated with seeking help within their local church community. By providing access to MyCounselor.Online, churches can support their staff through challenging transitions, manage stress, and maintain emotional and spiritual well-being, all while ensuring complete confidentiality. This approach not only enhances the overall health and productivity of the team but also reinforces a culture of care and understanding within the church leadership.

Staff Continuing Education

Josh Spurlock, founder of MyCounselor.Online and developer of Neuroscience Informed Christian Counseling® (NICC), offers continuing education training tailored for church pastoral staff and ministry leaders. Available both online via Zoom and in person, his training sessions delve into the integration of cutting-edge neuroscience and Christian counseling principles, equipping ministry teams with advanced pastoral care skills. These sessions are designed to enhance the effectiveness of pastoral staff, enriching their understanding and ability to minister within their congregations. Learn more at JoshSpurlock.com

Scholarship Structure

This document is intended to support clarity in our engagement with each other. If you have questions or concerns about any aspect of it don't hesitate to contact us. Throughout we will use the first plural person (us, we, our) to refer to MyCounselor.Online and our foundation Partners For Strong Families and the second person (you, your) to refer to the church as the Partner.

Structure of Counseling Services

- We provide coaching and counseling services via a membership structure for mental and relational health. Monthly subscriptions include 2 meetings with a counselor per month and discounted pricing for additional meetings as needed. Thus, scholarships are structured for even numbers of sessions translating into "months" or 4-week cycles of membership. (i.e. a scholarship for 3 months of membership, totaling 6 sessions).

- Session credits roll over month-to-month and are valid for 12 months following the ending of membership.
- Scholarships are for a percentage (i.e. 80%) of the total fees for a number of months (i.e. 3 months = 6 sessions).
- Additional sessions are the responsibility of the person/couple being referred unless specified otherwise by you.
- When scholarships end referred individuals/couples assume financial responsibility for their memberships.
- Counseling meetings canceled or rescheduled with less than 24 hour-notice incur a full fee charge for the time reserved.

Confidentiality

- Couples/individuals you scholarship will sign a 3rd Party Payer authorization to disclose billing information. This allows us to share with you billing details for financial accountability, including the start and end dates of membership, number of sessions attended, and other billing details as needed.
- The presenting issues and content of counseling meetings will not be shared with your organization without additional written consent from the client(s).

Fees

- Partner Membership costs are $300 per month (includes 2 sessions), $150 per additional session. There is a one-time assessment and setup fee of $45. (i.e. 3 months scholarship (6 sessions) $900 + $45 setup fee, total cost $945)
- Our planned fee increases occur every 2-3 years and are generally a 10-15% increase to adjust for inflation. Our last fee change occurred March of 2025.

Billing

A. **ACH –** With ACH billing your organization will provide ACH banking information and will be charged for covered transactions as they occur.
B. **Credit Card -** With Credit Card billing your organization will provide Credit Card information and will be charged for covered transactions as they occur plus a 3% service charge.
C. **Check –** For organizations requiring payment by check a retainer equal to the greater of 3 months anticipated usage or $2,500 is required. The retainer will be charged for covered transactions as they occur and the organization will be billed monthly or at designated retainer level thresholds to replenish the retainer.

Referral

The best way to make a referral is to use the Partner Referral form on our website: https://mycounselor.online/referral-2025

You can also refer individuals or couples to counseling with us simply by sending them the link to our website (https://mycounselor.online/) and having them click the **"Get Matched"** button. When they meet with our matching specialist, they need only mentioned they were referred by your organization and the terms of the scholarship (if any) they were offered. *This referral path takes longer to schedule the person you refer as our matching team will need to reach out to the designated contact person for the organization to confirm the details of the scholarship before scheduling.*

Focus on the Family Statement of Faith

- ***We believe*** the Bible to be the inspired, the only infallible, authoritative Word of God;
- ***We believe*** that there is one God, eternally existent in three persons: Father, Son, and Holy Spirit;
- ***We believe*** in the deity of our Lord Jesus Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, and in His personal return in power and glory;
- ***We believe*** that for the salvation of lost and sinful humanity, regeneration by the Holy Spirit through faith in Jesus Christ is absolutely essential;
- ***We believe*** in the present ministry of the Holy Spirit by whose indwelling the Christian is enabled to live a godly life;
- ***We believe*** in the resurrection of both the saved and the lost: they who are saved unto the resurrection of life and they who are lost unto the resurrection of damnation;
- ***We believe*** in the spiritual unity of believers in our Lord Jesus Christ.

The Statement of Faith does not exhaust the extent of our beliefs. The Bible itself, as the inspired and infallible Word of God that speaks with final authority concerning truth, morality, and the proper conduct of mankind, is the sole and final source of all that we believe. For purposes of Focus' faith, doctrine, practice, policy, and discipline, our Board of Directors is Focus' final interpretive authority on the Bible's meaning and application.

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Organization Information

Organization Name	
Contact Person First Name	Contact Person Last Name
Mobile Phone	E-mail Address
Organization Address	

Scholarship Program Name: _____

Select which scholarship % and lengths you would like to offer for this program. *We recommend a minimum of 6 months (12 sessions).*

	o **100% Scholarship**	o **80% Scholarship**	o **50% Scholarship**
o **3 months (6 sessions)**	$945	$765	$495
o **6 months (12 sessions)**	$1,845	$1,485	$945
o **12 months (24 sessions)**	$3,645	$2,925	$1,845

**Total scholarship cost including set up fee.*

Billing method: o ACH o Credit Card o Check

**For multiple scholarship offerings complete a separate form for each offering (i.e. Pastor Wellness, Staff Care, Marriage Campaign)*

Agreement

I have read and understand the terms of this agreement and our organization agrees to engage services according to it.

X _____

Contact Person **Date**

(3/24/25)