

Faith-Based Mental Health Coach

Organization: MyCounselor.Online Location: Remote Job Type: Part-Time (20hrs/wk) Hours: Evenings (5-9 PM) & Saturdays – You set your schedule. Starting Pay: \$22,500/annually

About the Role:

MyCounselor.Online is seeking a humble, dedicated, and compassionate Christian Mental Health Coach to join our team of highly skilled professionals who share your commitment to excellence in practice and personal growth.

This position is an excellent opportunity for a coach or discipleship pastor who is willing to learn a new model of care and has a preference for working in a collaborative, team-oriented environment.

As a Faith-Based Mental Health Coach, you will be a vital member of our remote health care team, providing compassionate and effective coaching to adults, teens, and couples. This role uniquely integrates faith-based perspectives with evidence-based mental health practices, catering to clients who seek guidance that aligns with their spiritual beliefs.

Work Life

- Build strong, supportive relationships with your colleagues.
- Work in a collaborative and supportive team environment, where you can rely on your colleagues for guidance and assistance when needed.
- Enjoy a work atmosphere that encourages open communication, mutual respect, conflict resolution, and a healthy work-life balance.

- Engage in professional development and training opportunities that will help you expand your skills and expertise, increasing your competence and confidence as a counselor.
- Enjoy a workplace that respects and supports the integration of your faith and values into your practice so you can provide holistic care to you clients and feel aligned with your purpose.
- Receive recognition and appreciation for your efforts and contributions as you strive for excellence in your professional skills.

Key Responsibilities:

- Client Engagement: Conduct engaging and therapeutic video sessions with clients, focusing on adults, teens, and couples.
 These sessions should be tailored to meet the individual needs of the clients while integrating faith-based principles.
- 2. Content Assignment: Assign and manage lessons, activities, and assessments that complement the video sessions. These resources are evidence-based and designed to enhance learning and facilitate client improvement.
- Monitoring Progress: Regularly monitor and evaluate client progress through assigned digital tools and during video sessions. Adjust coaching strategies as necessary to ensure effective client care.
- 4. Collaboration: Work closely with other mental health professionals, sharing insights and strategies to provide holistic care to clients.
- 5. Triage: Help clients connect with the appropriate level and kinds of care needed for their situation.
- 6. Professional Development: Stay updated with the latest research in both faith-based practices and evidence-based mental health interventions. Attend training and workshops as required.

As a Mental Health Coach, you'll provide short-term, evidence-based coaching sessions via video. You'll assign homework, activities, and assessments to your clients between video-based sessions to enhance learning and monitor client improvement.

Our coaches work a structured part-time or full-time schedule hosting a minimum of 16 client sessions and working approximately 20-40 hours per week. There is a comprehensive onboarding with dedicated live training sessions and self-study to thoughtfully ramp up to full client caseload while deepening your coaching practice. You can also expect continued support from your coach supervisor and consultation group in a regular and ongoing way.

Qualifications:

- A degree in ministry, psychology, counseling, social work, or a related field.
- Certification or significant experience in coaching, counseling, discipleship or a similar role.

- Strong understanding and respect for faith-based principles and their integration into mental health practices.
- Excellent communication skills, both verbal and written.
- Proficiency in using digital tools for video conferencing and client management.

What We Offer:

- The opportunity to make a meaningful difference in the lives of individuals seeking faith-aligned mental health support.
- A supportive and collaborative work environment.
- Continuous professional development opportunities.
- Competitive compensation and flexible working hours.

Our organization values humility, compassion, and dedication, making this position ideal for someone who thrives in a supportive, faith-based environment. If you are a coach or pastor eager to learn a trauma-informed model of care and work collaboratively with a team, we invite you to apply for this unique opportunity to grow professionally while making a meaningful difference in the lives of those you serve.

How to Apply:

Interested candidates should complete the online application on our website: <u>https://mycounselor.online/apply-mhc/</u>